# FIRST STRIKE SAFETY SOLUTIONS



First Strike Safety Solutions
Jon Langlee Owner/Instructor
3241 Commonwealth Avenue
Duluth, MN 55808
218.391.2259
jlanglee@charter.net
www.firststrikesafety.com



#### **Rescue Standby Team**

- Fall Protection Rescue Team
- Confined Space Rescue Team

### **Confined Space**

- Awareness & Entry Training
- Entry/Maintenance Operations
- Rescue Team Skills Training

#### **Rescue Training**

- Low/High Angle
- Rescue Team Skills Training
- Fall Protection Self-Rescue Skills

## **Safety Training**

- First Aid/CPR/AED
- Hands-On Fire Extinguisher
- Hazardous Materials Operations
- Hazardous Materials Technician
- HAZWOPER



